

# March J&L and A&L Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ♣ 10am Games ♦ 1:30pm Bingo ♦ 3pm National Peanut Butter Lover's Day Celebration	2 †9am Chair Exercise ∇10am Bible Study ∇1:30 pm Pool Tournament ♦ 3pm Margarita Monday †6:30pm Docu-Series	3 †9am Stretching *10am Kohl's ⌘ 1:30pm Girls Only Party ♦ 3:30pm Bingo ♠ 6:30pm Games	4 †9am Chair Exercise †9:30am Rosary ♣ 10am Scrabble ∇2pm Reflections ♦ 3pm Wine Wednesday † 7pm Meditation	5 †9am Stretching ⌘ 10am Craft †1:30pm Worship ♦ 3:30pm Bingo ♣ 6:30pm Skip-Bo	6 †9am Strength ⌘ 10am Rummikub ⌘ 1:30pm Manicures †2pm Floyd's Travel Talk ♣ 3pm Skip-Bo †6:30pm Movie	7 †10am Communion ♣ 1:30pm Games †4pm Movie
8 ♣ 10am Games ♦ 1:30pm Bingo ♦ 3pm Appetizer Party	9 †9am Chair Exercise ∇10am Bible Study ∇1:30 pm Bridge ♦ 3pm Mixed Drink Monday †6:30pm Docu-Series	10 †9am Stretching ♣ 10am Tri-Ominos *1:30pm Hy-Vee ♦ 3:30pm Bingo ⌘ 6:30pm Dominos	11 †9am Chair Exercise †9:30am Rosary ♣ 10am Sorry ♦ 1:30pm Beanbag Baseball ♦ 3pm Wine Wednesday *5:30pm Urban Pie †7pm Meditation	12 †9am Stretching ♠ 10am Gems of Hope ♣ 10am Games †1:30pm Worship ♦ 3:30pm Bingo ♣ 6:30pm Garbage	13 †9am Strength †10am Communion ♦ 10am Farkle ∇10:30am Sampson ♦ 1:30pm Coloring †3pm Music and Memories *7:30pm CRCCA Concert #3	14 ♣ 1:30pm Games †4pm Movie
15 ♣ 10am Games ♦ 1:30pm Bingo ♦ 3pm Ides of March Social	16 †9am Chair Exercise ∇10am Bible Study ∇1:30 pm Pool Tournament ♦ 3pm Margarita Monday †6:30pm Docu-Series	17 †9am Stretching *10am Dollar Tree ♦ 1pm St. Patrick's Day Fun *2pm Maple Syrup @ ICNC ♦ 3:30pm Bingo ♠ 6:30pm Games	18 †9am Chair Exercise †9:30am Rosary ⌘ 10am Manicures ∇2pm Reflections ♦ 3pm Wine Wednesday †7pm Meditation	19 †9am Stretching ⌘ 10am Craft *12pm Dancing @ Hiawatha †1:30pm Worship ♦ 3:30pm Bingo ⌘ 5:30pm Potluck	20 †9am Strength ♦ 10am Coloring *11:30am Accordion Concert ♦ 3pm Mug Club †6:30pm Movie	21 †10am Communion ♣ 1:30pm Games †4pm Movie
22 ♣ 10am Games ♦ 1:30pm Bingo ♦ 3pm Sunday Sundaes	23 †9am Chair Exercise ∇10am Bible Study ∇1:30 pm Bridge ♦ 3pm Mixed Drink Monday *5:30pm Red Lantern	24 †9am Stretching *10am Wal-Mart ♦ 1:30pm Bingo ⌘ 3:30pm UI Art Program ⌘ 6:30pm Dominos	25 *Hearing Center 9-11am* †9am Chair Exercise †9:30am Rosary ♦ 10am Echo Hill Visit ♣ 1:30pm Book Club ♦ 3pm Wine Wednesday †7pm Meditation	26 †9am Stretching ♦ 10am Bingo †1:30pm Worship ♣ 3:30pm Music with Harry ♣ 6:30pm Skip-Bo	27 †9am Strength †10am Communion *12:30pm Art Museum †3pm Music and Memories †6:30pm Movie	28 ♣ 1:30pm Games †4pm Movie
29 ♣ 10am Games ♦ 1:30pm Bingo ♦ 3pm Birthday Cake	30 †9am Chair Exercise ∇10am Bible Study ∇1:30 pm Pool Tournament ♦ 3pm Margarita Monday †6:30pm Docu-Series	31 †9am Stretching ★ 10am AL Tenant Focus ♣ 10:30am Farkle ♦ 1:30pm Bingo ★ 3pm IL Tenant Focus ♠ 6:30pm Games	<b>Birthdays:</b> Marlene L. – 13 <sup>th</sup> Dick H. – 14 <sup>th</sup> Ginny N. – 18 <sup>th</sup> Ivan R. – 19 <sup>th</sup> Joan C. – 21 <sup>st</sup> Sharon E. – 24 <sup>th</sup> Mary Jo V. – 25 <sup>th</sup> Ray H. – 28 <sup>th</sup> Shirley P. – 29 <sup>th</sup> 		* Off-grounds † Chapel ♣ Coffee Café ♥ IL Dining ♦ HC Dining	♠ Activity Room ★ AL Dining ⌘ Community Room ♣ Activity Corner ∇ Other (see weekly!)

**"Spring: a lovely reminder of how beautiful change can really be."**